

# Gadgets for the golden years

Los Angeles Times Publisher Ross Levinsohn once said, “The speed at which technology evolves affects everyone; we repeatedly hear that constant innovation is overwhelming for consumers, who struggle to keep pace.”

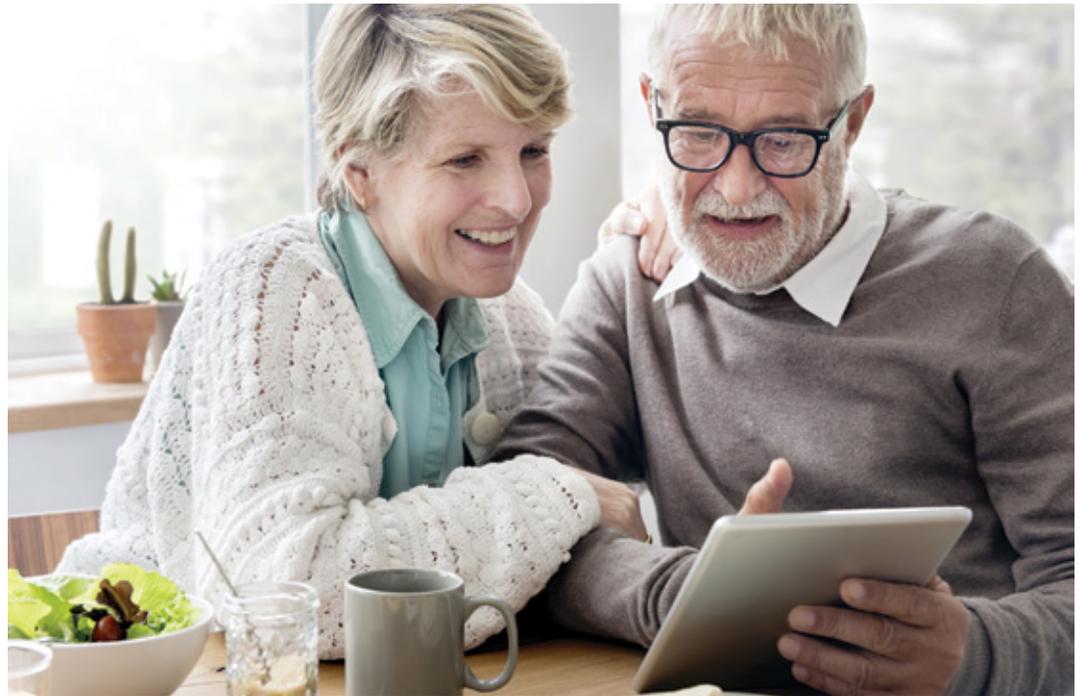
I couldn't agree more with that statement. It seems like as soon as I learn a new piece of software, or how to use the latest technology gadget, it becomes outdated and replaced with a newer version.

If it gets overwhelming for me — a professional who works with technology daily — I can just imagine how overwhelming it is for someone who considers themselves non-techie.

I want to take a bit of the guesswork out of researching technology and point out a few gadgets that I think are good starter items for those adopters in their golden years.

## Tablet: Amazon Fire

The Amazon Fire is a great starter tablet for a couple of reasons. It is reasonably priced, coming in under \$100. It's great for watching movies or TV shows, checking email, playing games and, of course, reading books. The Fire even has a blue light filter that makes reading on the tablet less strenuous on



your eyes. If you have trouble reading small print, you can make the font larger so that it is easier to read, even without your reading glasses.

## Gadget for a Non-Techie: Pix-Star Wi-Fi Picture Frame

If you are looking for a great gift for a parent or a grandparent, this is a good one. The picture frame is connected to Wi-Fi and has an email address. The system makes it very easy to add updated photos to the frame. Family and friends can simply email photos directly to the frame.

## Medical Tech Gadget: MedMinder Pill Dispenser

Never worry about remembering to take your medicine at the right time each day. MedMinder can help you remember your meds by calling, texting or emailing you. Multiple features and differing models ensure the right style for different needs.

## Voice Control Gadget: Amazon Echo Show

Once the Amazon Echo Show is set up, you can get the information you want easier. Ask the built-in helper, Alexa, for the temperature, score of the game, or a fact you can't

remember. My favorite feature of this device is the ability to “drop in” on loved ones to see how they are doing. Just by answering a call with your voice, you can see and hear the people you care about the most.

The best way to learn how to use the latest in tech gadgets is to give them a try. You never know; you may find you enjoy using them! 📱



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To learn more about the gadgets mentioned in the article, visit the following websites:

- ▶ [www.amazon.com/fire](http://www.amazon.com/fire)
- ▶ [www.pix-star.com](http://www.pix-star.com)
- ▶ [www.amazon.com/echo-show](http://www.amazon.com/echo-show)
- ▶ [www.medminder.com](http://www.medminder.com)